



Florida Department of Health WIC Program Medical Documentation for Formula and Food

The Florida WIC Program supports the American Academy of Pediatrics' Statement on Breastfeeding. Final determination of the approval and provision of formula and food will be based on Florida WIC Program policies and procedures.

Client's Name: _____ Date of Birth: _____

FORMULA(S) and FOOD OPTIONS

Please read the back of this form for Florida WIC policies and list of qualifying medical conditions.

The WIC Program provides Gerber formulas. To request a substitute, complete all fields below.

Have Gerber formulas been tried? yes no Are they contraindicated? yes no Why? _____

Formula Name: _____ maximum amount allowed OR specify ounces required per day _____

Formula Name: _____ maximum amount allowed OR specify ounces required per day _____

Issue full provision of age-appropriate WIC supplemental foods.

Do not issue WIC supplemental foods; provide formula only.

Issue a modified food package omitting the WIC supplemental foods checked below:

Infants: No baby cereal at 6 months of age No baby fruits and vegetables at 6 months of age

Women and Children 1 year and older: No milk No cheese No fruit juice No beans No cereal

No whole wheat bread, brown rice, or corn tortillas No eggs No fruits and vegetables

No peanut butter (only provided for 2 years and older) No canned fish (only provided for some women)

Any special instructions or additional restrictions: _____

Length of use (cannot exceed 6 months): 1 month 3 months 6 months other, please specify _____

Qualifying medical condition(s): _____

Date Anthropometric data obtained: _____ Height or Length: _____ inches Weight: _____ lbs

Failure to Thrive must be accompanied by current height or length and weight.

MILK SUBSTITUTES - Only complete this section when applicable.

Children 1 year to less than 2 years old - WIC provides **whole** cow's milk or lactose-free cow's milk

No milk; give additional cheese due to lactose intolerance

Formula instead of cow's milk and cheese for: lactose intolerance milk allergy vegan

Check which formula: Gerber Good Start 2 Soy/Graduates Soy Gerber Good Start Soy other _____

Children 2 years and older - WIC provides **1% lowfat or fat free** cow's milk or lactose-free cow's milk

No milk; give additional cheese due to lactose intolerance

Soy milk instead of cow's milk and cheese for: lactose intolerance milk allergy vegan other _____

Whole cow's milk (must include anthropometric data) for: underweight inadequate growth Failure to Thrive

Other medical condition requiring high fat diet, please specify _____

Date Anthropometric data obtained: _____ Height: _____ inches Weight: _____ lbs

Women - WIC provides **1% lowfat or fat free** cow's milk, lactose-free cow's milk, or **soy** milk

No milk; give additional cheese due to lactose intolerance

Whole cow's milk (must include anthropometric data) for: underweight low weight gain weight loss

Other medical condition requiring high fat diet, please specify: _____

Date Anthropometric data obtained: _____ Height: _____ inches Weight: _____ lbs

Must have office stamp or complete practice address and phone number

Print Name

Phone Number

Signature of Physician, ARNP, or PA

Date

Qualifying Medical Conditions – formula approvals will be considered for one or more of these reasons:

- Premature birth until 1 year of age (for premature formulas).
- Low birth weight until 6 months of age (for high calorie formulas).
- Inborn errors of metabolism and metabolic disorders.
- Must specify gastrointestinal disorder or malabsorption syndrome that impairs ingestion, digestion, absorption, or utilization of nutrients that could adversely affect nutritional status.
- GER or GERD only with an additional qualifying medical condition.
- Immune system disorders.
- Life threatening disorders, diseases, or conditions.
- A hydrolyzed or amino acid based formula can be provided for a diagnosed formula intolerance or food allergy to lactose, sucrose, milk protein, or soy protein.
- Failure to Thrive only when child is documented with one or more of the following: at or below 5th percentile weight-for-length on WHO growth charts for ages under 24 months OR at or below 5th percentile BMI-for-age on CDC Growth Charts for ages 24 months and older OR has dropped one growth channel in a 6-month time period.
Current anthropometric data required.

Non-qualifying Conditions – formulas will not be approved solely for one or more of these reasons:

- Colic, spitting up, gassiness, or fussiness.
- Diarrhea, vomiting, or constipation that is of short duration or intermittent.
- Feeding difficulty without giving medical diagnosis.
- Medically necessary without giving medical diagnosis.
- Participant preference.
- Enhancing nutrient intake or managing body weight.
- Non-specific formula or food intolerance.

A milk-based or soy-based infant formula, other than a Gerber formula, cannot be provided to a WIC participant for formula intolerance or food allergy to lactose, sucrose, milk protein, or soy protein.

No type of formula can be provided to a child or woman with lactose intolerance who is able to drink lactose-free milk and/or eat cheese.

Dear Health Care Provider:

Thank you for your continuing support of the Florida WIC Program. The WIC Program is committed to the Healthy People 2020 goals for improving the health and nutritional status of Florida's women, infants and children. WIC supports the American Academy of Pediatrics' *Statement on Breastfeeding and the Use of Human Milk*. WIC encourages mothers to fully breastfeed their babies for at least six months. Local WIC agency staff can assist WIC mothers with breastfeeding or make appropriate referrals.

The Florida WIC Program provides a limited amount of iron-fortified infant formulas that are milk-based or soy-based for WIC infants who are not fully breastfeeding. (See list of WIC contract formulas below.) The use of a federally mandated "single source bid" has allowed the program to purchase formula at a greatly reduced cost. Use of the WIC contract formulas provides additional funds (up to \$80 per participant, per month) for the Florida WIC Program to serve more pregnant, breastfeeding, and postpartum women; infants; and children.

Department of Health WIC Program Policy for Standard Formulas Other than the Contract Formulas

- By completing this form, you are indicating that a diagnosed qualifying medical condition necessitates the use of a different formula(s) from the current contract formulas. The local WIC clinic cannot consider the requested formula(s) without all of the required information.
- Substitution of another iron-fortified infant formula will only be considered if it meets the qualifying medical conditions as described above.
- Requests are limited to 6 months. It is our policy to re-evaluate the patient's continued need for the formula(s) on a periodic basis during the requested time period.
- In some cases, incomplete or limited medical information may prevent the approval of the formula(s) requested. In order to expedite the approval process, WIC staff may need to contact the health care provider who requested the formula(s) to obtain more detailed medical information. Complete contact information is required on the front of the form.

WIC contract standard infant formulas are the following formulas:

- **Gerber Good Start Gentle** - partially hydrolyzed 100% whey formula with DHA & ARA
- **Gerber Good Start Soy** - partially hydrolyzed soy-based formula with DHA & ARA
- **Gerber Good Start Protect** - partially hydrolyzed 100% whey formula with DHA & ARA and Bifidus BL
- **Gerber Good Start Soothe** - low lactose carbohydrate blend (30% lactose), partially hydrolyzed 100% whey formula with DHA & ARA and probiotic *L. reuteri*.

For infants and children 9 to 24 months of age, the following formulas are available:

- **Gerber Good Start 2 Gentle or Gerber Graduates Gentle** - partially hydrolyzed 100% whey formula with DHA & ARA
- **Gerber Good Start 2 Soy or Gerber Graduates Soy** - partially hydrolyzed soy-based formula with DHA & ARA
- **Gerber Good Start 2 Protect or Gerber Graduates Protect** - partially hydrolyzed 100% whey formula with DHA & ARA and Bifidus BL

If you have a question about a specific formula, please contact your local WIC office or the Bureau of WIC Program Services at 1-800-342-3556.

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