

Evidence-Based Delinquency Interventions & Mental Health Treatment & Substance Abuse Treatment  
Group Sessions Table

ITN #10359

1	2	3	4	5	6	7	8	9	10	11	12
Curricula	Curriculum Type	Duration	Dosage	Group Type	Group Size	Session Length	Staffing	Exposure	Number of Cycles Per Year	Fidelity Monitoring Plan	Service Delivery Documentation

**Instructions:**

1. **Curricula:** Enter the name of each proposed curriculum, including the version.
2. **Curriculum Type:** specify if the curriculum is “DJJ-recognized evidence-based delinquency intervention,” “gender-specific,” “Restorative Justice,” or “mental health treatment or substance abuse treatment” curriculum.
3. **Duration:** Enter the number of lessons in the curriculum.
4. **Dosage:** Enter the number of sessions per week. Include the daily/weekly activity schedule that displays the scheduled days and times in the Exhibits section.
5. **Group Type:** Specify if the groups will be open or closed. A “closed” group is defined as a group to which no new youth may attend be or added to the group during the current cycle.
6. **Group Size:** Enter the proposed minimum and maximum number of youth to attend each session.
7. **Session Length:** Enter the proposed amount of time allotted for each session.
8. **Staffing:** Enter the proposed position titles and the number of staff (facilitators, co-facilitators, and supervision staff) that will be responsible for delivering the curriculum to the youth and providing supervision during each group session. Enter the certifications received by each facilitator that qualifies the individual to deliver the material. Enter the licensure of the licensed mental health professionals responsible for providing or supervising mental health groups and the Chapter 397 licensure or licensure of the licensed qualified professionals responsible for providing or supervising substance abuse groups.
9. **Exposure:** Specify which youth receive the service and the method used to select the youth.

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10. **Number of Cycles per Year:** Enter the proposed minimum number of cycles per year. A “cycle” is defined as the delivery of a curriculum in its entirety, beginning with lesson 1 through the completion of the final or last lesson. For example, Thinking for a Change (T4C) has 25 lessons. If cohort of youth (#1) completes T4C lessons 1 through 25, then cohort #1 has completed one cycle.
11. **Fidelity Monitoring Plan:** Enter the proposed frequency for conducting observations and submittal timeframes for written fidelity monitoring reports. Enter the proposed number and position titles of staff responsible for conducting the fidelity monitoring, including the certifications received by each identified staff that qualifies the individual to monitor the groups. Include staff certification and fidelity monitoring forms in the Exhibits section.
12. **Service Delivery Documentation:** Describe how each group session will be documented or include forms in the Exhibits section.